



COACH CLAY MULL

ASST COACH – GASTONIA LOCATIONS

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PROFILE:

Clay Mull is a Gastonia native that grew up skating at the local Kate's Skating Rinks, which later led to competing at the state, regional, and national levels as a competitive in-line speed skater. Following a silver medal performance at the National Championships in his age division, Clay set his sights on transitioning to long track ice speed skating to begin working towards his dream of becoming an Olympic athlete. After years of training and competing in the US, and all over the world for various World Cup and World Championship events, he made the US Olympic Team in 2006 for the Olympic Games in Torino Italy.

Since retiring from competitive skating, Clay now works as a clinical and sports massage therapist, and is also actively involved in coaching skaters of all ages and abilities in ice and in-line skating disciplines. He is most excited about returning to his roots of in-line speed skating as an assistant coach and helping to inspire new skaters as the tradition of speed skating in the Kates rinks re-emerges with the all new TKR skating club!

COACH'S ROLE:

Coach CLAY's role is to ensure that all skaters are in an environment that is professional, safe, and most importantly FUN! With his past World and Olympic experience and through the measurement of skills assessment and checkpoints, Clay and the rest of our staff will ensure that all skaters are progressing with the proper development pathway in a place that addresses the unique needs of the individual, as well as the team. All TKR coaches routinely collaborate to ensure excellence in teaching is achieved.

